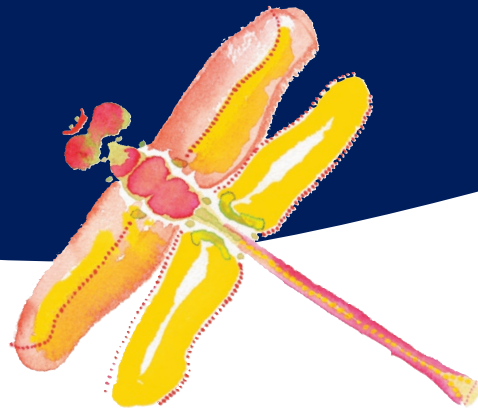


# Sarah McLean Bicknell



## Fall West Workshop 2007

### Open Hearts, Tumbling Leaves, Shamanic Cells and You

A two day workshop where we dive into our unconscious waters and go deep sea fishing for our murky monsters. This workshop births us fearlessly into our intuitive knowing and healing. We deepen our understanding of our emotions as our ally and as our courageous messenger of truth. It is here we meet our matriarchial line, the sacred circle and the teachings of the feminine. This is also the place of joy and enthusiasm.

The workshop involves community solutions, journeying, artwork, and small visioning groups with which to integrate the material.

Bring journal as these classes are not recorded; bring your lunch and snacks.

**November 3rd and 4th**

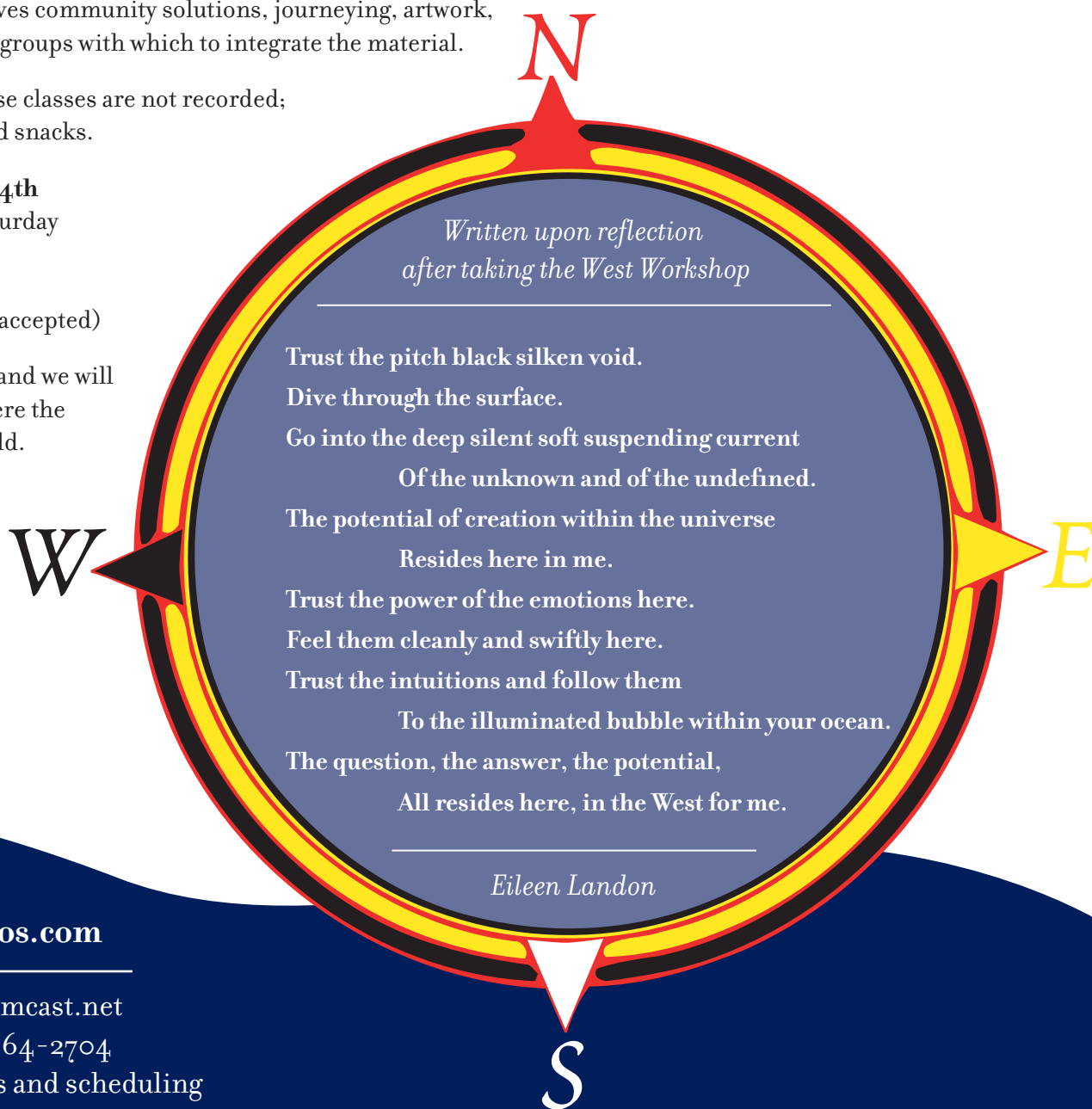
9.30am-6.30pm saturday

10-4pm sunday

Cost \$225

(visa+mastercharge accepted)

Please register now and we will inform you with where the workshop will be held.



*Written upon reflection  
after taking the West Workshop*

Trust the pitch black silken void.  
Dive through the surface.  
Go into the deep silent soft suspending current  
Of the unknown and of the undefined.  
The potential of creation within the universe  
Resides here in me.  
Trust the power of the emotions here.  
Feel them cleanly and swiftly here.  
Trust the intuitions and follow them  
To the illuminated bubble within your ocean.  
The question, the answer, the potential,  
All resides here, in the West for me.

*Eileen Landon*

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please call 206-364-2704

for appointments and scheduling