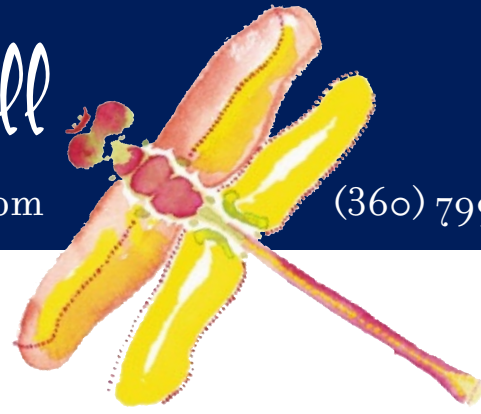


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Fall West Workshop 2008

Open Hearts, Tumbling Leaves, Shamanic Cells and You

A two day workshop where we dive into our unconscious waters and go deep sea fishing for our murky monsters. This workshop births us fearlessly into our intuitive knowing and healing. We deepen our understanding of our emotions as our ally and as our courageous messenger of truth. It is here we meet our matriarchal line, the sacred circle and the teachings of the feminine. This is also the place of joy and enthusiasm.

We show up in the West in full attention and surge through our circulatory system, flooding our world in an intent born of our emotions. Charged and alive we head for our Northern Star amidst effervescent bubbles of ideas that are pulsing and rising through the waters of our unconscious. We will journey together in community and stand bold in our gateway of knowing.

Bring journal as these classes are not recorded;
bring your lunch and snacks.

October 4th & 5th in the Seattle area

9.30am-6.30pm Saturday

9.30am-4pm Sunday

Cost \$230

(visa+mastercharge accepted)

Please register now and we will
inform you with where the
workshop will be held.

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*Written upon reflection
after taking the West Workshop*

Trust the pitch black silken void.

Dive through the surface.

Go into the deep silent soft suspending current

Of the unknown and of the undefined.

The potential of creation within the universe

Resides here in me.

Trust the power of the emotions here.

Feel them cleanly and swiftly here.

Trust the intuitions and follow them

To the illuminated bubble within your ocean.

The question, the answer, the potential,

All resides here, in the West for me.

Eileen Lannan

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